



Review and share

Creating a mentally healthy workplace

Reviewing the impact of your overall action plan

Reviewing your progress is a key part of your action plan. It gives you a chance to assess how you're getting on, what's working well and where to focus your efforts.

- 1** Fill out this form before you undertake any actions to get a baseline of where your organisation is sitting. Ask for feedback from staff and use human resources information.
- 2** Once you have implemented and completed some of your actions, fill out the form again to assess how things have changed. This will give you an understanding of the impact your implemented actions have had on your organisation and show you what areas might need more work.

Remember to share your organisation's progress with your employees and colleagues, get their feedback and use this to refine your approach. You might also want to share what you're doing with clients, customers and the wider community.

This is also a good opportunity to acknowledge the efforts of all employees in supporting the action plan implementation, and encourage everyone to play an active role in creating a mentally healthy workplace.



Identify priority areas



Implement actions



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