

LEARNING ACTIVITY: TOOLBOX TALKS

Discuss the questions given in the slide and write the responses in your workbook. Responses should be specific to your workplace and workers' needs.

Split into groups for this activity, or if you are short on time you can do this as a large group.

Ask participants to discuss the questions given in the slide and encourage them to write the responses in their workbook. Responses should be specific to the delegates' workplaces and workers' needs.

CONCLUSION



Inform participants that this concludes the 'Mental health in the workplace' toolbox talk training package.

Provide an opportunity to ask questions.

Remind delegates to order additional *beyondblue* posters, booklets and wallet cards for their workplace.

Thank delegates for their participation in the discussions and activities.