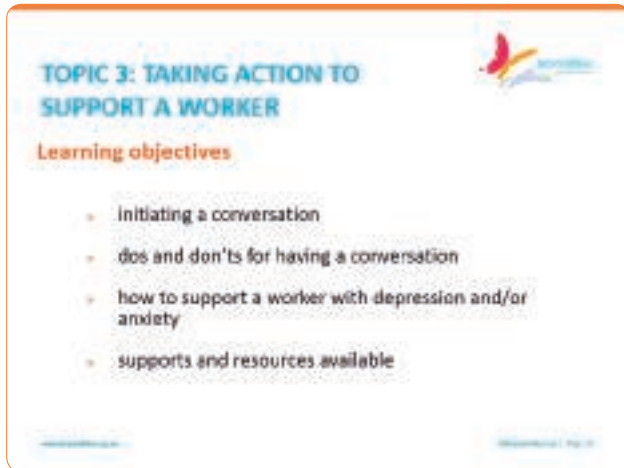


TOPIC 3: TAKING ACTION TO SUPPORT A WORKER



LEARNING OBJECTIVES

Following this workshop you should be:

- confident to initiate and have a conversation
- understand how to support a worker with depression and/or anxiety
- aware of available support
- able to help a worker access appropriate support.